



Alpine World Mountain Guides
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EQUIPMENT LIST

		RENT
SKIMOUNTAINEERING SKIS AND BINDINGS	✓	
SKINS	✓	
SKIMOUNTAINEERING BOOTS	✓	
SKIMOUNTAINEERING POLES	✓	
RAMPANT	✓	✓ 5 €/day
ARVA, PROBE AND SHOVEL	✓	✓ 15 €/day
CLASSIC ICE AXE		
CLASSIC CRAMPONS		
HARNESS		
HELMET	✓	✓ 5 €/day
DAISY CHAIN WITH LOCKING CARABINER		
BACKPACK 20-30 LITERS	✓	
HEADBAND OR BEANIE	✓	
LIGHT GLOVES	✓	
HOT GLOVES	✓	
BUFF	✓	
WARM BASELAYER	✓	
FLEECE	✓	
DOWN OR SYNTHETIC JACKET	✓	
WATERPROOF JACKET (GORETEX ECC...)	✓	
SOFTSHELL SKI PANTS	✓	
SKI SOCKS	✓	
SUNGLASSES	✓	
GOGGLE	✓	
CAMERA	✓	
FIRST AID KIT	✓	
SUNSCREEN AND CHAPSTICK	✓	
WATER BOTTLE OR THERMOS (MIN. 1 LITER)	✓	
ENERGY BARS AND MINERAL SALTS	✓	

The Guide can add, replace or remove part of equipment and/or clothes according to the forecast and the mountain conditions.