



Alpine World Mountain Guides
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EQUIPMENT LIST

		RENT
MOUNTAINEERING BOOTS	✓	
CLASSIC CRAMPONS	✓	✓ 5 €/day
TECHNICAL CRAMPONS		
CLASSIC ICE AXE	✓	✓ 5 €/day
TECHNICAL ICE AXE		
TWO ICE CLIMBING TOOLS		
HARNESS	✓	✓ 5 €/day
HELMET		
DAISY CHAIN WITH LOCKING CARABINER		
BELAY DEVICE WITH LOCKING CARABINER		
BACKPACK 30-40 LITERS	✓	
TREKKING POLES	✓	
HEADBAND OR BEANIE	✓	
LIGHT GLOVES	✓	
HOT GLOVES	✓	
SECOND PAIR OF HOT GLOVES		
BUFF	✓	
BREATHABLE T-SHIRT	✓	
WARM BASELAYER	✓	
FLEECE	✓	
DOWN OR SYNTHETIC JACKET	✓	
WATERPROOF JACKET (GORETEX ECC...)	✓	
WATERPROOF PANTS (GORETEX ECC...)		
SOFTSHELL PANTS	✓	
TIGHT		
MOUNTAIN SOCKS	✓	
SECOND PAIR OF MOUNTAIN SOCKS	✓	
GAITERS	✓	
SUNGLASSES	✓	
HEADLAMP WITH SPARE BATTERIES	✓	
CAMERA	✓	
FIRST AID KIT	✓	
PERSONAL HYGIEN KIT	✓	
SUNSCREEN AND CHAPSTICK	✓	
WATER BOTTLE OR THERMOS (MIN. 1 LITER)	✓	
ENERGY BARS AND MINERAL SALTS	✓	

The Guide can add, replace or remove part of equipment and/or clothes according to the forecast and the mountain conditions.